



Tobacco Free Youth Ambassador Program

The Tobacco Free Youth Ambassador Program is at the heart of Rhode Island's youth movement raising awareness about the harms and effects of nicotine addiction, and reducing tobacco and nicotine use.

We **empower** youth to be leaders of positive change at the local, state, and national level.

We **stand up** to the Tobacco Industry by exposing the history of their wicked lies.

We **educate** our communities on the impact tobacco/nicotine has on health, the environment, and social justice.

We **inspire** youth to break free from the cycle of nicotine addiction.

A decorative graphic at the bottom of the page consisting of a jagged, torn-edge border in shades of blue, green, and teal.

Description of Program

The Tobacco-Free Youth Ambassador Program is a statewide movement of youth and young adults aged 12-21 who are committed to advocating, educating, mobilizing, and preventing tobacco and nicotine use in Rhode Island. They are able to engage in workshops, training, and other opportunities throughout the year that will better their leadership skills and understanding of tobacco and nicotine and all its related topics.



This program will have an average of 20 hours of opportunities between September and June, which are highly encouraged and at least 50% are mandatory.

Gives & Gets

Gives

- attend and participate in meetings, tasks, activities, and events
 - provide input with program planning
 - continuously spread tobacco prevention and risk education awareness
 - recruit youth from across the state to build the tobacco-free movement
 - be a leader that others look up to
 - always be open to learn and work with people from different communities, cultures, and backgrounds
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Gets

- receive stipends based on participation (ie: money/gift cards, community service hours, etc.)
- make a positive impact in their community and state
- gain leadership skills, knowledge, connections, and more
- meet like-minded youth
- establish long-lasting relationships and memories
- enhance employment resume and college applications

Goals



Recruit/maintain youth leaders from communities across Rhode Island.



Host youth trainings that focus on skill building, tobacco/nicotine education, and related topics.



Engage youth in local, state, and national tobacco & nicotine control opportunities.



Mobilize youth to be a part of education, advocacy, and policy efforts.



Encourage youth participation in TFRI workgroups and Steering Committee.

[Click here to learn about TFRI's workgroups](#)

Words of Wisdom



"Be as authentic as possible and don't be afraid to be confident. People want to hear your story and why you care. You may face some backlash, but the people who matter most will support you and want to hear what you have to say."

-Kennedy Chartier, Woonsocket Ambassador 2019-2020

"As the face of such a prestigious organization, take pride in what you do and engage the community. TFRI introduces you to a different aspect of life, especially advocacy. So use your voice and make us proud."

-Armina Parvaresh Rizi, Lincoln Ambassador 2020-2021

"Don't be afraid to try something new; when I first started, I didn't know much about the world of intervention and advocacy, but now I can't imagine a world without it!"

-Emily Jedson, West Greenwich Ambassador 2019-2021

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ISLAND

 American Lung Association.



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