

Cessation Workgroup Meeting

Tuesday, August 21, 2018

2:30 – 4:00 PM

Warwick Public Library – Small Conference Room

MEETING DEBRIEF

Attendance: Dan Fitzgerald (TFRI), Carolyn James (CODAC/TCSRI), Dana McCants Derisier (DOH), Kathy Yeager (NKPC), Irene Glassier (Brown), Jennifer Wall (ALA), Noell Woolley (NELHSF), and Lisabeth Bennett (CODAC/TCSRI)

Organizational Updates

- Tobacco Free Rhode Island
 - 1,000 cessation resources distributed during Pride festival
 - 550 cessation resources distributed at Washington County Fair
 - 1,300 cessation resources delivered to elementary, middle, and high schools
- Department of Health
 - Dana provided an update regarding the matrix being released.
 - You can find them digitally on the [TFRI website](#).
 - Dana asked for partners to share the email she sent to help get the matrix out into the hands of as many people as possible.

Upcoming Events / Trainings:

- September 14th – URI Well-Being Conference
 - <https://www.regonline.com/registration/checkin.aspx?EventId=2390515&MethodId=0&EventSessionId=&startnewreg=1>
- September 20th – Health Equity Summit
 - <http://med.brown.edu/cme/brouchure/Generic-Summit-Agenda.pdf>
 - Register:
https://apps.biomed.brown.edu/cme_registration/product_info.php?products_id=460&mc_cid=b762ee0cad&mc_eid=269b8b986c
- October 17, 18, 24, and 25th - TTS Core Competency Training (PSN in Warwick)
 - Click here for more [Information](#)
 - Click here to [Register](#)
 - Contact bbennett@condac.org for more info
- November 5th – LUNG FORCE Expo (Crowne Plaza)
 - Registration info coming soon
 - Contact Jennifer.wall@lung.org for more info

- November 15th – Tobacco-Free Summit
 - <https://mailchi.mp/7a544455352b/2018ttsfallclassregistration-2896541>
 - Contact Benvinda.Santos@health.ri.gov for more info
- December 4th - TFRI Annual Network Meeting
 - Save the date and registration info coming soon
 - Contact Daniel.Fitzgerald@lung.org for more info
- January 10th – PREVCON
 - CCRI in Warwick
 - Registration info to come

Discussion around Cessation Mapping

- The group opened up discussion with feedback:
 - The group liked the section headings for the online resources and the research studies. A heading a proposed for the first page with the following criteria:
 - Informs the reader that they were evidence based
 - Informs reader that resources are for traditional tobacco products as well as ENDS products.
 - Easy to read language
 - It was also proposed that the research studies be removed from the back so that the resource is informing people of only evidence based/proven effective programs
 - The group discussed at length about what the purpose was for the resource sheet as a whole and the pros and cons of removing vs. keeping the two studies.
 - It was decided that the purpose of the resource is to list all options that are available and it would be in the best interest to keep the research studies on the resource.
 - After this conversation, the group decided that adding detail to the header for this section would help the reader understand the differences. It was also recommended that the resources we made slightly smaller
- The group also discussed population specific versions of this resource
 - The conversation began around the utility of a resource like this with the homeless population.
 - The group first discussed the size and opted to create a business card sized page of resources with just the quit line, TCSRI, and Thundermist
 - Spanish – the group would like the resource translated into Spanish
 - Dan will be reaching out to a contact to discuss this process.
 - LGBTQ+ population – it was discussed about adding a symbol or rainbow colors would be useful with targeting to the LGBTQ+ community. It was brought up that while that may be helpful for getting the cards into the hands of LGBTQ+ individuals we need to ensure that the resources are safe and accepting.
 - Dan will be calling/visiting each resource to make sure they are actually safe spaces for LGBT individuals
 - The business card sized resource will be drafted in the near future and sent out to the group for feedback and edits will be made before printing.
 - The group also discussed the need for resources in the Newport County area. Promoting the

Conversations about Need for Cessation Presentation / Training

- This group discussed the need for a “cessation 101” or overview about what tobacco treatment and cessation is in a PowerPoint format to be utilized by providers, prevention specialist, and for others working in tobacco control to better understand
 - Zoe, the TFRI Intern, began doing some resource about some presentation that already exist. This will help inform the creation of this product.
 - At the next workgroup meeting, Dan will present some of the findings and the group will decide on which direction to go with the presentation.

Action Items:

- Complete Doodle Poll: <https://doodle.com/poll/v55ite26w93xmpfm>
- Send Dan feedback on edited the Cessation Resource by September 4, 2018
- Dan will follow up with a draft of the business card sized resource in the near future.