

# Thundermist Smoking Cessation

# QUIT SMOKING



## Quit Smoking Today

If you want to quit smoking, join the Thundermist Smoking Cessation Program!

The program is for patients and non-patients and it doesn't matter if you have insurance. Just join a group when you feel ready to quit.

El programa también esta disponible en Español.

[www.thundermisthealth.org](http://www.thundermisthealth.org)

## To join:

- Contact Arline Pineda:  
401-767-4100 ext. 3162  
[arlinep@thundermisthealth.org](mailto:arlinep@thundermisthealth.org)

## Quit today

### Locations:

- 450 Clinton St., Woonsocket
- 186 Providence St., West Warwick
- 1 River St., Wakefield

**Thundermist!**  
HEALTH CENTER